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Introducing ComMent

ComMent stands for Social Entrepreneurship Training in community mental healthcare.

ComMent brings together expertise from three different backgrounds: community mental healthcare, education and social entrepreneurship. These fields are combined in a training programme for people who want to explore the possibilities of social enterprises.

The ComMent project

ComMent – "Training in community mental healthcare" is a three year Erasmus+ project, implemented by seven (7) partners from six (6) EU countries. The purpose of the ComMent project is to create educational resources for social entrepreneurial skills development tailored to the identified mental healthprofessionals' needs.

The project also aspires to cater for hands-on knowledge transfer of best practices from professionals who are already active in the field of community based mental health care, as well as from academics clinics who have a deep understanding of the needs and challenges of health care initiatives in their countries.



Major Outputs

Within the ComMent project, the partners will develop an online training programme focused on the needs of the mental health professionals that will be delivered in the participating countries.

Below are the major outputs from the project:

- Five (5) training modules for mental health professionals based on ECVET learning outcomes; The modules will focus on providing mental health professionals with skills and knowledge necessary for establishing sustainable and successful social enterprises that provide community based services. These include, among others:
 - o Creativity and Innovation in a social setting;
 - Providing person-centred care by assessing and managing the needs and expectations of patients in a holistic way;
 - Principles of self-awareness and its importance in effective Leadership;
 - Business management techniques and their application in Social Enterprises.
- An e-learning platform that will accommodate the developed training material;
- Two cycles of online training for mental health professionals;
- A certification of attendance will be awarded to the participants;
- One-to-one mentoring support for mental health professionals who have an entrepreneurial idea.

Expected results

From the activities developed within the ComMent project, the following results are expected:

- Transnational joint e-learning training programme;
- Training mental health professionals in order to implement entrepreneurial initiatives;
- Open learning resources available beyond the end of the project;
- 1000 mental health professionals from six (6) European Countries will be trained.